



## BEHAVIOR CHANGE FOR HIGH PERFORMANCE



### **Background**

The National Banking Institute is pleased to deliver a one-day training program on Behavior Change for High Performance, which is aimed to provide support level workers with the information and skills needed to improve their performance. The one-day training session on Behavior Change for High Performance for support level workers is designed to give them with practical tools and approaches to improve their performance and contribute to the overall success of the corporate sector. The program teaches participants how to construct a personal purpose for self-motivation, identify and correct negative behaviors, and develop good behaviors and effective communication skills for high professional performance.

### **Program Details**

**Date & Time:** 8th July, 2023 (8:00am - 4:15pm)

**Duration:** 4 sessions (6 hours)

**Venue:** Hotel Marshyangdi, Kathmandu

**Target Audience:** Support Level Staff

## Program Details

<b>Program Takeaways</b>	<ul style="list-style-type: none"><li>• Participants will be able define how to motivate their self.</li><li>• They will be able to identify their own behavior.</li><li>• They will be able to apply some new behaviors for high.</li></ul>
<b>Program Content</b>	<ul style="list-style-type: none"><li>• Behavior Change for High Performance.</li><li>• Create the Mission for Self-Motivation.</li><li>• Identify Your Behavior.</li><li>• Effective Behaviors for Performing High in Workplace.</li></ul>
<b>Program Delivery Method</b>	Presentation, Brain Storming, Demonstration, Plenary Sharing, Individual exercises, and game etc.

### Trainer's Profile



#### **Mr. Arun Basnet**

Organizational Development and Learning & Development have been Arun's core expertise while providing his training and consulting services to corporates and non-profit organizations. Arun Basnet has been actively engaged developing leaders and teams through his several leadership roles as a Managing Director, Director, CEO, COO, OD, and L&D Consultant. Being a certified Trainer and Assessor, Arun believes the process of Training and Assessment is a crucial component of making any learning program a success. Similarly, Arun focuses a lot in organization alignment, to create a successful L&D initiatives in any successful organization.

### **NATIONAL BANKING INSTITUTE LTD.**

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