



PRESENTS

# SUMMIT SUCCESS PRINCIPLES

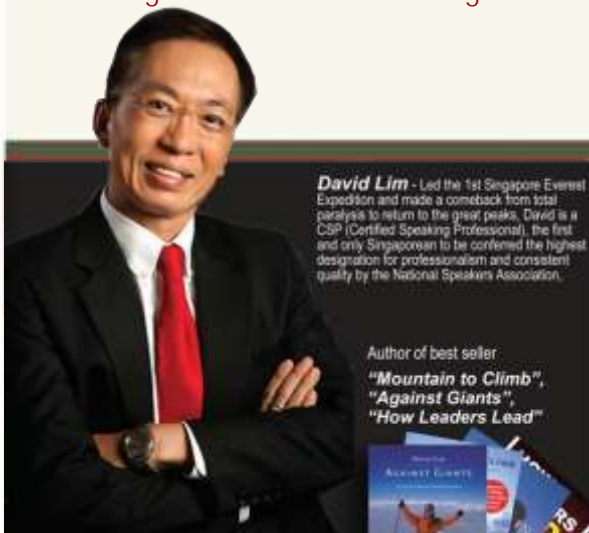


David Lim knows something about leadership, motivation, and overcoming obstacles.

In 1998, he made history as leader of the 1st Singapore Mt Everest Expedition. The landmark climb captured the nation's imagination about the art of the possible, and ignited the need for calculated risk-taking, courage and imagination in the flat, tropical island nation of Singapore.

A week after his triumphant return from Everest, he was struck down by the rare nerve disorder, Guillain Barre Syndrome, and paralysed completely from eyes down. Spending six weeks on a ventilator and six months in hospital, he emerged permanently disabled from the ordeal. He regained his life through sheer will and focus, and made a successful return to the great mountains.

Fascinated about discovering winning aspects of human resilience and motivation, David has created programmes and learning solutions for Everest Motivation Team which help people tap their potential in becoming stronger leaders, be better team members and to negotiate better life and business outcomes. David is a law graduate from Cambridge University, and is an accredited motivational coach.



## Program Detail

Date : 25th September, 2015  
Time : 9:30am to 4:00pm  
Venue : Hotel Radisson, Kathmandu.

# How We Help Organisations and People

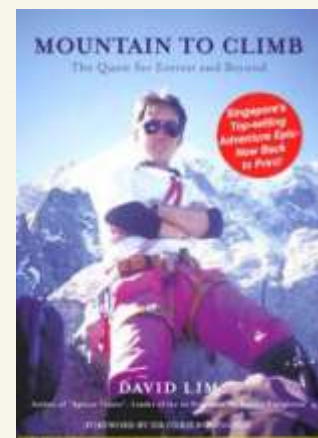
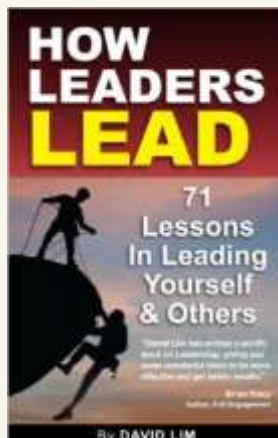
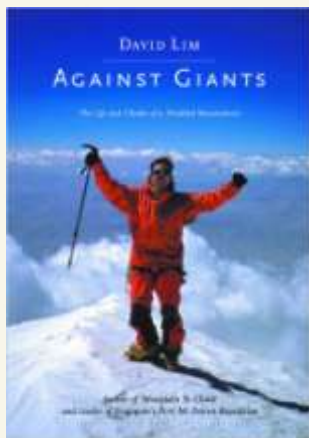
- **Develop sustainable motivation in people**
- **Improve resilience in people**
- **Create teams that perform beyond the ordinary**
- **Negotiating better business outcomes**
- **Coach top producers deliver more value, year-on-year**

David is a sought-after international motivational speaker and has addressed hundreds of audiences of up to 12,000 people. Since 1999, David has delivered content-rich, motivational presentations and sessions in over 30 countries and 71 cities worldwide. His clients have included Google, LinkedIn, Hewlett-Packard, Apple, AXA, AIA, Credit Suisse, UBS, Citibank, Maruti, TATA; and he continues to present as an adjunct lecturer at INSEAD and IMD Business schools.

He delivers a timeless message of overcoming the odds, leading change and of perseverance. His keynote presentation and workshops based on **Lessons From Mt Everest**, has been described as “world-class”. Depending on the focus, you will learn about:

- Creating a shared success vision to gain momentum
- Discovering your purpose to be more resilient
- The Wakeup test
- How to set goals, and get them
- Picking the right team
- Avoiding the success traps that bedevil successful teams and people
- Creating a winning culture in teams
- Creating a set of beliefs that work for you instead of against you
- Doing more with less; having the Alpinist Attitude
- The Five ‘C’s choosing the right people and the right team
- The Three R’s of resilience that immediately help you become more resilient and effective
- The 1% Rule in success
- The Fact/Belief Tool

David is also author of top-selling adventure and business effectiveness books **Mountain to Climb** and **Against Giants**, and **How Leaders Lead**. He hasn’t stopped climbing, and is a veteran of over 70 alpine ascents and expeditions including four to the Nepal Himalaya.



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## WHAT OTHERS ARE SAYING

The feedback from everyone was just outstanding...you gave people that renewed inspiration, an expectation that I set that morning which I have to say you delivered on.

**Kamlesh Patel**  
**Director, Strategy ( Asia Pacific )**  
**Nokia**

We have received very positive feedback from our colleagues. In fact, for the rest of the Meeting, we hear your useful mindset-shifting phrases ( such as "is this a fact of belief?" and "we're using 100% of what we have" ) being used frequently.

**Ms Leow Yeng Yeng**  
**Manager, Assurance Strategy Meeting**  
**Pricewaterhouse Coopers**

We received fabulous feedback from our agents on your presentation. Some of the details of feedback we received for your session:

- inspiring,
- enhanced my self belief
- motivating
- greatest session we ever had

**Jane Hue**  
**Brand and Communications Dept**  
**Prudential Malaysia Sdn Bhd**

Whoa ! Whoa ! Whoa ! That's how I feel after Monday ; and exactly how I still feel now ! Believe it or not ~ my adrenalin levels are still very much boosted from that spectacular day. Never had there been another more impactful programme that has left me so charged-up and inspired !

**Ms Bitu Seow**  
**Deputy Director**  
**Account Management Group ,**  
**Singapore Telecommunications**

Thank you for the excellent motivation session ... You have convinced me that solution for every problem lies in our own mind. Kindly send us the summary of your key points so we use it to grow our business.

**Binish Parikh**  
**Regional Sales Manager**  
**Aditya Infotech Limited - Autodesk M&E Software**  
**Mumbai, India**

Your main takeaways which made an impact were the creation of exciting , stretch goals, knowing when to leave ' baggage behind. the Five C's of team success; and how we should be looking at how we can change some of our beliefs, because facts cant change, but unproductive beliefs can be modified"

**Anil Sohoni**  
**PU Leader- ILS Asia Pacific**  
**British Petroleum**