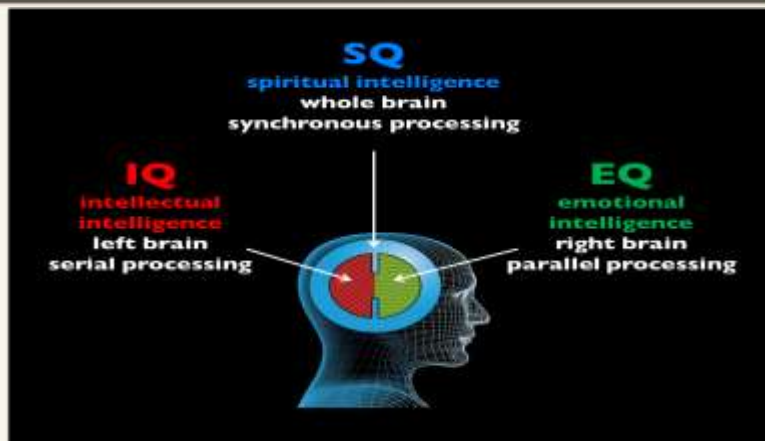




PRESENTS

EMOTIONAL AND SPIRITUAL INTELLIGENCE FOR PERFORMANCE ENHANCEMENT



Background	<p>In today's uncertain and dynamic business environment, people at work, home and the organizations itself are facing significant challenges in the areas of decision making, problem solving and responding various external environmental changes.</p> <p>This training helps the participants not just on knowing the technicalities of "How" but also on educating themselves on the "Why". The fundamental essence of this training will provide a solid foundation to participants which will improve their personal, interpersonal and organizational performance.</p>
Level (Low/Mid/ Senior/High)	All (Leadership is a choice not a position.)
Duration (in Days)	One Day
Target Audience	Banks, private and public business organizations, people serious about learning and development.
Program Take-aways	Formula for self-management
	Formula for personal and organizational success

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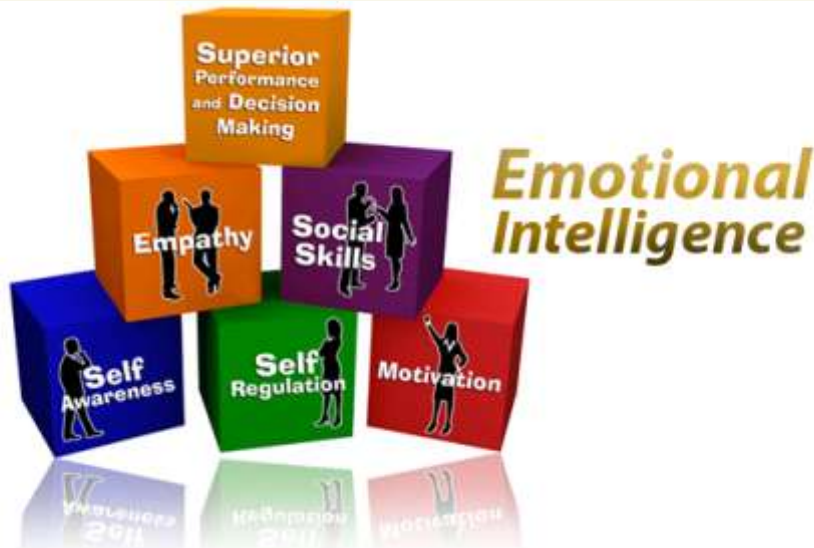
Central Plaza, 6th Floor, Narayanchour, Naxal, Kathmandu, Nepal.

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Course Outline

Contents	Understanding and applying Emotional Intelligence
	Developing a culture of purpose and spirituality
	Secret of the learning organizations
	Understanding eastern and western perspectives of spiritual leadership
	The art of decision making and problem solving
	Effective communication style of leaders
	Managing the millennial
	Managing conflict at work
	How to manage stress and time effectively?
	Team building and trust building games
Program Delivery	Feedback Session
	Face-to-face interactions
	Games
Date, Venue & Time	Concept clarifications (unlearning and relearning)
Facilitator/s	1st May, 2019 (9:30am to 4:45pm)
	NBI Hall, Kathmandu
Facilitator/s	Mr. Dipankar Sherpa is a performance coach who has been in the training and education industry internationally for 14 years. He is a certified professional trainer who is well known for his high electrifying and energetic training capability, clarity of delivery with precision of valuable message that his client firms and their team of participants have benefitted from.



Facilitator: Mr. Dipankar Sherpa
 Venue: NBI Hall, Naxal, Kathmandu
 Date: 1st May 2019 (9:30 am to 4:45 pm)
 Target Group: All Level

Program Itinerary

Program Session Plan

Program Itinerary: Emotional and Spiritual Intelligence for Performance Enhancement

Time

Details

Introduction

1.5 hours

Understanding and applying Emotional Intelligence
Developing a culture of purpose and spirituality

Tea Break (15 minutes)

1.5 hours

Secret of the learning organizations
Understanding eastern and western perspectives of spiritual leadership
The art of decision making and problem solving
Effective communication style of leaders

Lunch Break (40 minutes)

1.5 hours

Managing the millennials
Managing conflict at work
How to manage stress and time effectively?

Tea Break (15 minutes)

1.5 hours

Team building and trust building games
Feedback Session