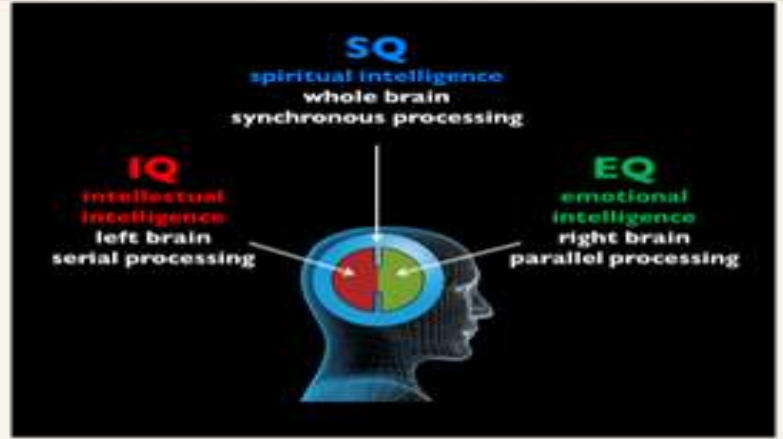




PRESENTS
 EMOTIONAL AND SPIRITUAL
 INTELLIGENCE FOR PERFORMANCE
 ENHANCEMENT



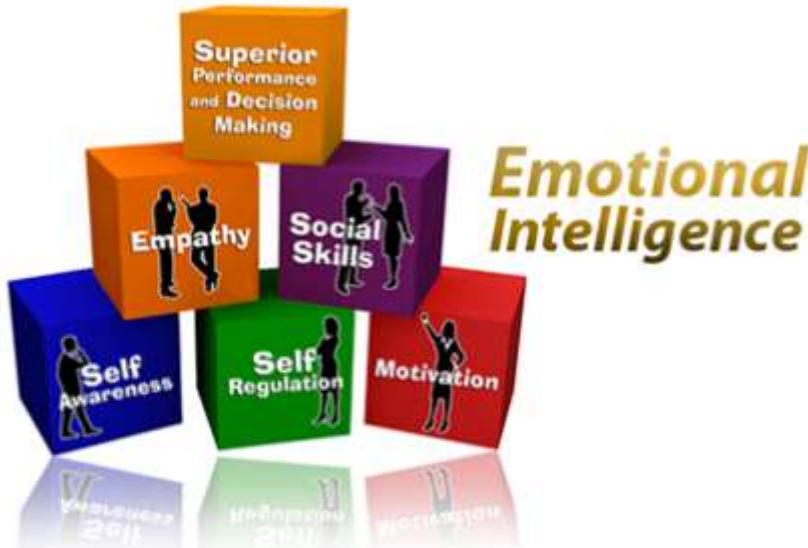
Background	<p>In today's uncertain and dynamic business environment, people at work, home and the organizations itself are facing significant challenges in the areas of decision making, problem solving and responding various external environmental changes.</p> <p>This training helps the participants not just on knowing the technicalities of "How" but also on educating themselves on the "Why". The fundamental essence of this training will provide a solid foundation to participants which will improve their personal, interpersonal and organizational performance.</p>
Level (Low/Mid/Senior/High)	All (Leadership is a choice not a position.)
Duration (in Days)	One Day
Target Audience	Banks, private and public business organizations, people serious about learning and development.
Program Takeaways	Formula for self-management
	Formula for personal and organizational success

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Course Outline

Contents	Understanding and applying Emotional Intelligence
	Developing a culture of purpose and spirituality
	Secret of the learning organizations
	Understanding eastern and western perspectives of spiritual leadership
	The art of decision making and problem solving
	Effective communication style of leaders
	Managing the millennial
	Managing conflict at work
	How to manage stress and time effectively?
Program Delivery	Face-to-face interactions
	Games
	Concept clarifications (unlearning and relearning)
Date, Venue & Time	22nd June, 2019 (9:30am to 4:45pm) NBI Hall, Kathmandu
Facilitator/s	Mr. Dipankar Sherpa is a performance coach who has been in the training and education industry internationally for 14 years. He is a certified professional trainer who is well known for his high electrifying and energetic training capability, clarity of delivery with precision of valuable message that his client firms and their team of participants have benefitted from.



Facilitator: Mr. Dipankar Sherpa
Venue: NBI Hall, Naxal, Kathmandu
Date: 22nd June 2019 (9:30 am to 4:45 pm)
Target Group: All Level

Program Itinerary

Program Session Plan

Program Itinerary: Emotional and Spiritual Intelligence for Performance Enhancement

Time	Details
Introduction	
1.5 hours	Understanding and applying Emotional Intelligence Developing a culture of purpose and spirituality
Tea Break (15 minutes)	
1.5 hours	Secret of the learning organizations Understanding eastern and western perspectives of spiritual leadership The art of decision making and problem solving Effective communication style of leaders
Lunch Break (40 minutes)	
1.5 hours	Managing the millennials Managing conflict at work How to manage stress and time effectively?
Tea Break (15 minutes)	
1.5 hours	Team building and trust building games Feedback Session