


Name of the program: **The Leader Within You!** One Day Leadership Program

Level of Participants	Middle-Senior Level Managers, Supervisors & Department Heads and all those interested who want to reduce stress at work and life and be relaxed and happy.
Duration (in Days)	One Day
Outcomes	Participants shall be able to..... <ul style="list-style-type: none"> • Explain what leadership is and the influence of leadership in personal & professional life; • Identify the root cause of crisis in organizations; and explain how leaders can take charge of their thoughts, feelings and actions and become models for others; • Demonstrate the appropriate leadership behavior/style for their organization, teams;
Contents	<ul style="list-style-type: none"> • Leadership: Concept Vs Reality • Root Cause of Crisis in Organizations • Beliefs and Values that Shape a Leaders' Destiny • Leadership & Motivation • Leadership Behavior/ Styles • Qualities that Others Expect in their Leadership
Methodology	Brainstorming, Small Group Discussions, peer sharing, presentations, demonstrations, role plays, Plenary Sharing, etc...Tools and Techniques
Materials	Power Point Projector, White Board, Board Markers, Meta Cards, Masking Tape, Note Book and Dot pens.
Date, Time & Venue	1 st Nov, 2014, 10:00am to 5:00pm Hotel Ratna, Biratnagar.
Profile of Facilitators	<div style="display: flex; align-items: center;">  <div style="border: 1px solid black; padding: 10px; background-color: #e0f0ff;"> <p style="margin: 0;">Usha Malla Singh Oriental Colony Phase-II Apartment I Block-16 Kuleswor-14, Kathmandu 9841539564</p> </div> </div> <p>Profile Usha is a Life Coach and Consultant with special focus on Youth and Women Leadership Development. Her expertise are in the areas of communications, inter-personal relationships, effective public speaking, master of ceremony, team development, motivation, and personal change. She brings in 13 years of experience from the field of entrepreneurship, education, media brand promotion, and leadership development. She is a Consultant to Demo-Finland in the area of political youth leadership</p>

development. She is a Certified Practitioner in **Neuro Linguistic Programming** from the Goa NLP, India, and is also trained as a Certified NLP Coaching Master by the Makani Academy, Cyprus (Affiliated to International **Coach Training Association**). She has a Masters Degree in Political Science and has traveled to India and Bangladesh. She is married to Mr. Govinda Singh and lives with here two daughters Uzma Singh and Ashma Singh in Kathmandu.



Bikal Prasad Sherchan

Sunrise Towers-I, Flat DB: 22
Dhobighat-3, Lalitpur, Nepal
Cell: 9849053285

Profile

Bikal is a Life Coach and Consultant Leadership Development to profit and non-profit organizations alike, whose top-level management wants to inspire an "Impossible Future" and at the same time grow and develop leaders, managers, and supervisors who will produce extra-ordinary results. His area of expertise is in assisting people to manage personal change like, to overcome fears, motivate self and others, to increase confidence, enrich relationships, and achieve greater success in creer and life. He brings in 30 years of experience from the field of school leadership and management and personal transformation. He is a Certified Practitioner in **Neuro Linguistic Programming** by the Goa NLP, India, and is also trained as a Certified NLP Coaching Master from the Makani Academy, Cyprus (Affiliated to the International **Coach Training Association**). He has a Masters degree in Sociology and has traveled to India, Germany, Singapore, Japan, Hong Kong, Thiland, and the U.S.A. He is married to Rajani Sherchan and lives with his two sons and daughters-in-laws: Dipesh/Sanju (daughter-Dibyanka) and Nitesh/Anusha in Pokhara/Kathmandu.