



PRESENTS
YOU & I
- WOMEN LEADERSHIP PROGRAM
(2 DAYS WORKSHOP FOR WOMAN PROFESSIONALS)

Why You Should Attend?

So you can

- Navigate organisation environment and become business savvy
- Unleash your potential by overcoming inner barriers
- Learn how to “speak up” and “seek out” stretch assignments
- Breakthrough real and perceived “glass ceiling” and forge ahead
- Build peer networks and join affinity groups to gain strength and support

Why Should Your Organisation Care?

It is about



What To Expect?



- Understand your innate pattern of behaviour and preferences
- Know what are your core values and natural gifts and talents



5 Modules

- Building executive presence
- Navigating life and career transition
- Learning how to “do and deal” with critical conversations
- Becoming organisation savvy
- Understanding unconscious biases and stereotypes



Opportunity to

- Grow. As Within, So Without. As Above, So Below!
- Get empaneled as a mentor
- Anchor one event
- Join the SHRM & BIY network

What Makes This Program Different?

- Facilitators hold global accreditations (ICF, IAF, EQ 2.0)
- Program is designed, developed and delivered by D&I practitioner
- Pedagogy is storytelling, caselet discussion, reflection and use of scientific psychometric instrument
- One personal 1 on 1 coaching session
- Coffee conversation with successful leaders

Program Detail

Agenda

Day 1

Welcome, Ice-Breaker : Opening Video for context and Expectation setting

Journey to "Know Yourself"

- Your preference. Via administration and debrief of MBTI instrument
- Your natural gifts and talents, core values and life purpose via Self Discovery immersive exercise (ICF methodology)

Lunch

Journey to "Build Yourself"

Module 1

- Understanding stereotypes and biases
- Includes learnings from life videos and caselets

Module 2

- How to 'do' & 'deal' with critical conversation
- Includes real/role plays and exercises

Take-Aways/What went well, can be improved

Day 2

Recap : Journey to "Build Yourself" continues...

Module 3

- How to navigate life & career transitions
- Includes Panel discussion with 2 women from industry who have crossed through various stages of life which are considered derailers (Marriage, Geography Change, Maternity, MNC's to Indian Co or Large Co to Start-Up, Individual contributor to Manager etc)

Module 4

- How to build brand & networks
- Includes practical session on how to build social presence

Lunch

Journey to "Believe In Yourself"

Module 5

- Becoming organization savvy
- Includes case study from Catalyst
- Followed by face2face session with (male) business leader for perspectives

Wrap up

Key take-always, Aha moments

Celebration (Giving away of certificate, photograph, Feedback, Taking photos, testimonials etc)

Facilitator Detail



Ms. Harlina Sodhi **Co-Founder & CEO—BIY**

Ms. Harlina Sodhi is Indian HR professional, TEDx speaker, life and leadership coach, columnist and a blogger. Ms. Sodhi, former senior executive vice president -**HR at IDFC Bank** brings 22 years experience across various HR domains - Organization Culture, Employee Engagement, Leadership **Recruitment**, Organization Effectiveness, Capability Building, Learning and Development, Communication, Change, Diversity and Inclusion and Talent Management

She was among top **16 HR Influencer** in India amongst several others and have won Gold award from both Brandon Hall and SHRM for cutting edge practices in fields of learning and development and Social Media.

Harlina is a co-founder of Believe In Yourself (BIY) whose vision is to inspire everyone find their path to happiness and fulfillment by leading optimistic, purposeful, authentic life starting with Belief in Self. BIY is a consortium of senior industry leaders (Business and HR), a community of over 70 coaches across India) and a movement to fuel and facilitate power of life and leadership coaching for senior leaders and create powerful culture of coaching at workplace. She has coached over 500 leaders in a group and individual setting and is fanatical about ensuring personal and professional outcomes for her coaches, organization and self.

Duration	2 Days
Target Audience	Women Professionals
Level	Officer and above
Program delivery	Storytelling, caselet discussion, reflection and use of scientific psychometric instrument
Date, Time & Venue	18th & 19th January 2019 9:30am to 5:00pm NBI Hall, Kathmandu

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